

For child:

- Sound machine
- button-up/zip-down pajamas
- plain, oversized t-shirts
- · comfy pants
- slippers/grippy socks
- favorite blanket
- favorite lovey/stuffed animal
- diapers & wipes/underwear
- going home outfit
- toothbrush & toothpaste
- favorite cup/water bottle
- favorite books/toys/activities
- tablet/ipad
- meds & syringes
- preferred snacks
 (if not on dietary restrictions)

For you:

- ID & insurance card/SSN
- comfy clothes
- pajamas
- sweater/sweatshirt
- slippers
- long charger cord
- warm blanket
- pillow
- hair products
- skincare
- make-up
- toothbrush & toothpaste
- contacts/solution/glasses
- deodorant
- shower shoes
- water bottle
- OTC/Rx meds
- books/crossword puzzle
- laptop/iPad
- laundry detergent
- snacks

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